**Common Herbs and Conditions- Herbfest**

***\*note- some are NOT appropriate for this project***

AGRIMONY

ALFALFA - Heart disease, stroke, cancer, bad breath

ALOE:Externally - burns, wounds, inflammation. Internally - diabetes, constipation, blood sugar

ANGELICA (Dong Quai) - Menopause, respiratory problems, digestion, arthritis

ANISE

APPLE - Constipation, diarrhea, cardiovascular, cancer, diabetes

APPLE CIDER VINEGAR - Umbrella page for [apple cider vinegar health benefits](http://www.herbalremediesworld.com/apple-cider-vinegar-health-benefits.html) // [Apple cider vinegar benefits, taken internally](http://www.herbalremediesworld.com/apple-cider-vinegar-benefits.html) // [Apple cider vinegar cures for external problems](http://www.herbalremediesworld.com/apple-cider-vinegar-cures.html) // [Apple cider vinegar for weight loss](http://www.herbalremediesworld.com/apple-cider-vinegar-weight-loss.html) // [Apple cider vinegar for acne](http://www.herbalremediesworld.com/apple-cider-vinegar-acne.html) // [Apple cider vinegar for acid reflux](http://www.herbalremediesworld.com/apple-cider-vinegar-acid-reflux.html) // [Pet uses for apple cider vinegar](http://www.herbalremediesworld.com/uses-for-apple-cider-vinegar.html)

ARJUNA

ARNICA:Externally - Pain reliever, anti-inflammatory, antiseptic, acne, insect bites. Not for internal use.

ARTEMISIA

ASHWAGANDHA

ASTRAGALUS:Internally - Cancer, tonic, colds & flu, antiviral, antibacterial

AVENA

BEARBERRY (Uva-ursi) - Urinary tract infections

BILBERRY:Internally - Serious eye conditions, opening arteries, throat inflammations, diarrhea, bruises

BIRCH

BITTER ORANGE

BLACKBERRY - Eye problems, diarrhea, hemorrhoids

BLACK COHOSH:Internally - PMS, menopause, mentrual aches

BLACK HAW - Menstrual cramps, fever, pains

BLUE COHOSH - Labor initiation

BONESET - Colds, flu

BORAGE

BOSWELLIA

BUCHU - PMS, diuretic

BUCKTHORN - Constipation

BURDOCK:Detoxification, water retention

BUTCHER'S BROOM

CALENDULA:Burns, sore throat, oral infections, wounds

CARAWAY - Digestion

CASCARA SAGRADA:Constipation

CATNIP - Digestion, anxiety, infections, female issues

CAT'S CLAW:Arthritis, herpes, allergies, immune systems, cancer, anti-viral

CAYENNE:Externally - Arthritis, healed infections, shingles. Internally - Nutrition, antioxidant

CELERY - Gout, hypertension

CHAMOMILE:Wounds, indigestion, nausea, insomnia, anxiety

CHAPARRAL - Tooth decay, gum disease, arthritis

CHASTE TREE - PMS, menstrual problems

CHICKWEED

CHRYSANTHEMUM

CINNAMON - Hypertension, antiseptic, digestion

CLEAVERS

CLOVE - Mouthwash, toothache

COCOA - Antioxidant, fatigue, depression

COFFEE - Fatigue, colds, flu, asthma

COMFREY - Wounds

COPTIS

CORDYCEPS

CRANBERRY - Nutrition, Urinary tract infections

DAMIANA

DAN SHEN

DILL - Stomach soother, UTI

DANDELION releases bile & water, eases indigestion & rheumatism. Click for much more on the [benefits of dandelion](http://www.herbalremediesworld.com/benefits-of-dandelion.html).

DONG QUAI - Menstrual cramps, PMS, liver tonic

ECHINACEA - A great immune system booster

ELDERBERRY - Prevent, treat cold & bronchitis

ELECAMPINE - Asthma, emphysema, tuberculosis, antibacterial

EPHEDRA - Respiratory problems, obesity

EUCALYPTUS - Colds, flu

EYEBRIGHT

FAINTING: Broomweed, cardamom, coffee, ephedrine, eucalyptus, rosemary

FATIGUE: Astragalus, Ginseng

FEMALE FERTILITY: [Info on female fertility herbs](http://www.herbalremediesworld.com/female-fertility-herbs.html)

FEVER: Bayberry, Meadowsweet, White willow

FIBROIDS: Burdock, Milk thistle

FIBROMYALGIA: Apply Cayenne. Ingest Devil's claw, Ginkgo, St. John's wort, Willow. Click for a complete discussion on [fibromyalgia herbs](http://www.herbalremediesworld.com/fibromyalgia-herbs.html).

FLATULENCE: Chamomile, fennel, Ginger, Peppermint

FOOD POISONING PREVENTION, TREATMENT: Angelica, sage, Cinnamon, Thyme, Garlic

FLU: [Home remedies for flu](http://www.herbalremediesworld.com/home-remedies-flu.html) // [Herbal remedies for flu, pg1](http://www.herbalremediesworld.com/herbal-remedies-flu.html) // [Herbs for flu, pg2](http://www.herbalremediesworld.com/herbs-flu.html)

FUNGAL SKIN INFECTIONS: Apply Arnica, Garlic, Tea tree oil. Ingest Garlic

GALLSTONES: Artichoke, coffee, dandelion, turmeric, peppermint oil, milk thistle

GAS: Dill

GENITAL WARTS: St. John's wort, garlic, licorice

GERD (ACID REFLUX): Click for more info on [herbal remedies for acid reflux](http://www.herbalremediesworld.com/herbal-remedies-acid-reflux.html) // Update on [home remedies for GERD](http://www.herbalremediesworld.com/home-remedies-gerd.html)

GIARDIASIS: Goldenseal, barberry

GINGIVITIS: Bloodroot, camomile, Echinacea, licorice, purslane, sage

GLAUCOMA: Bilberry, ginkgo, blackberry, cranberry, raspberry

GOUT: Celery, nettle, boswellia, celery seed, devil's claw, turmeric. Click for much more on the best [herbs for gout](http://www.herbalremediesworld.com/herbs-for-gout.html).

GRAVE’S DISEASE (Hyperthyroidism): Bugleweed, lemon balm, self-heal, kelp, verbena. Click for much more on [herbal remedies for hyperthyroidism](http://www.herbalremediesworld.com/herbal-remedies-hyperthyroidism.html).

GUM DISEASE: Internal - Goldenseal, myrrh. External - Aloe, calendula   
  
HAIR LOSS/PROBLEMS: [Click here for more](http://www.herbalremediesworld.com/herbal-remedies-hair-loss.html)

HALITOSIS (bad breath): [Click for helpful info on herbal remedies for bad breath](http://www.herbalremediesworld.com/herbal-remedies-bad-breath.html)

HANGOVER: Ginkgo, dandelion, willow. Click for our full page on [home remedies for hangovers](http://www.herbalremediesworld.com/home-remedies-hangovers.html)

HASHIMOTO'S THYROIDITIS: Click for our very informative page on [herbs for Hashimoto's Thyroiditis](http://www.herbalremediesworld.com/herbs-for-hashimotos-thyroiditis.html).

HAY FEVER: Nettle, parsley, garlic, licorice, peppermint oil

HEADACHES: Cayenne, feverfew, ginger, meadowsweet, peppermint, white willow. For a great discussion on headaches & more herbal remedies for headaches [CLICK HERE](http://www.herbalremediesworld.com/herbal-remedies-for-headaches.html).

HEARING LOSS: Ginkgo

HEART DISEASE: Alfalfa, evening primrose, garlic, ginger, gonkgo, hawthorn, green tea, motherwort, onion. For more great info on heart disease & a complete list of herbs for heart health, [click here](http://www.herbalremediesworld.com/herbs-heart-health.html).

HEARTBURN: Aloe, licorice root, cabbage juice

HEMORRHOIDS: External-witch hazel, horse chestnut, slippery elm, mullein; Internal-horse chestnut, butcher's broom. Click for complete info on [herbal remedies for hemorrhoids](http://www.herbalremediesworld.com/herbal-remedies-hemorrhoids.html)

HEPATITIS: Licorice, milk thistle

HERPES: External-lemon balm, licorice, St John's wort, comfrey, peppermint; Internal-echinacea, garlic, ginseng, lemon balm, licorice. Click for our page on [herbal remedies for herpes](http://www.herbalremediesworld.com/herbal-remedies-herpes.html)

HIGH BLOOD PRESSURE: Garlic, hawthorn, dandelion, ginger, turmeric, valerian. For more helpful info on herbs for hypertension [click here](http://www.herbalremediesworld.com/hypertension-herbal-remedies.html). Click for best specific [herbs for high blood pressure](http://www.herbalremediesworld.com/herbs-high-blood-pressure.html). Click for best all natural foods for [HBP](http://www.herbalremediesworld.com/high-blood-pressure-herbs.html).

HIGH CHOLESTEROL: Alfalfa, artichoke, Cat's claw, garlic, ginger, hawthorn, psyllium, tea, turmeric. For a great discussion on reducing bad cholesterol & raising good cholesterol, [text](http://www.herbalremediesworld.com/url) [click here](http://www.herbalremediesworld.com/herbs-high-cholesterol.html).

HIV Infection (AIDS): Licorice, oregano, St. John’s-wort, aloe, astragalus

HIVES: Internal- chamomile, licorice, stinging nettle. External- Aloe, chamomile, nettle, parsley, yarrow

HYPERTHYROIDISM: Click for much more on [herbal remedies for hyperthyroidism](http://www.herbalremediesworld.com/herbal-remedies-hyperthyroidism.html).

HYPOTHYROIDISM: Internal- Variety of bitters, bladderwack, myrhh (extrernal too) Click for our complete page on [herbs for hypothyroidism](http://www.herbalremediesworld.com/herbs-for-hypothyroidism.html).

IMPOTENCE: Ginkgo, ginseng

INDIGESTION: Chamomile, ginger, licorice, peppermint

INFERTILITY(female): [Click 4 best female fertility herbs](http://www.herbalremediesworld.com/female-fertility-herbs.html)

INFERTILITY(male): [Click 4 best male fertility herbs](http://www.herbalremediesworld.com/male-fertility-herbs.html)

INFLAMMATION: Click for more on top [anti-inflammatory](http://www.herbalremediesworld.com/anti-inflammatory-herbs.html) herbs.

INFLAMMATORY BOWEL DISEASE (IBD): Onion, tea

INFLUENZA: Elder, licorice root

INSECT BITES & STINGS: Internal - Aloe, echinacea, plaintain, tea, witch hazel

INSOMNIA: Kava-kava, chamomile, valerian, passionflower, hop, yarrow. Click for our complete page on [herbal remedies for insomnia](http://www.herbalremediesworld.com/herbal-remedies-insomnia.html)

INTERMITTENT CLAUDICATION: Garlic, ginger, ginkgo, hawthorn

INTESTINAL PARASITES: Epazote, garlic, ginger

IRRITABLE BOWEL SYNDROME: [Herbal remedies for IBS](http://www.herbalremediesworld.com/herbal-remedies-IBS.html)

KIDNEYS: [Home remedies for kidney](http://www.herbalremediesworld.com/home-remedies-kidney.html) // [Herbal kidney remedies, Pg2](http://www.herbalremediesworld.com/herbal-kidney-remedies.html) // [Home remedies for kidney stones, Pg1](http://www.herbalremediesworld.com/home-remedies-kidney-stones.html) // [Herbal remedies for kidney stones, Pg2](http://www.herbalremediesworld.com/herbal-remedies-kidney-stones.html) // [Herbs for kidney stones, Pg3](http://www.herbalremediesworld.com/herbs-kidney-stones.html) // [Home remedies for kidney infection](http://www.herbalremediesworld.com/home-remedies-kidney-infection.html)

LARYNGITIS: Cardamom, ginger, horehound, mallow, mullein

LEAD POISONING: Apple, garlic

LEPROSY: Garlic, Gotu kola

LICE: [Home remedies for lice](http://www.herbalremediesworld.com/home-remedies-lice.html) // [More herbs for lice](http://www.herbalremediesworld.com/herbs-lice.html)

LIVER DISEASE: Licorice, green tea, dandelion, artichoke, turmeric, peppers

LYME DISEASE: Bupleurum, Echinacea, garlic, licorice

MACULAR DEGENERATION: Bilberry, ginkgo

MALE FERTILITY: [Click 4 best male fertility herbs](http://www.herbalremediesworld.com/male-fertility-herbs.html)   
MASTITIS: Aloe, CALENDULA, ECHINACEA, FENUGREEK, MARSHMALLOW ROOT, NETTLE

MEMORY PROBLEMS: Ginkgo, Siberian ginseng, water hyssop

MENOPAUSE: Black cohosh, dang gui, St.-John’s-wort. Click for much more on [herbal remedies for menopause.](http://www.herbalremediesworld.com/herbal-remedies-menopause.html)

MENSTRUAL PROBLEMS: Black cohosh, cramp bark, black haw, feverfew, vitex, yarrow

MESOTHELIOMA: Click for [mesothelioma facts & herbal remedies](http://www.herbalremediesworld.com/mesothelioma-facts.html).

MIGRAINE: Feverfew. Click for much more on [herbal remedies for migraines](http://www.herbalremediesworld.com/herbal-remedies-migraines.html).

MORNING SICKNESS: Chamomile, ginger, peppermint

MOTION SICKNESS: Fennel, ginger, peppermint

MOUTH SORES: Blackberry

MULTIPLE SCLEROSIS: Black currant, evening primrose, flaxseed, ginkgo, purslane

MUSHROOM POISONING: Milk thistle

NAUSEA: Catnip, chamomile, ginger, lemon balm, peppermint

NERVE PAIN: Corydalis, Jamaican dogwood, St.-John’s-wort, cayenne

OBESITY: [Herbal weight loss remedies](http://www.herbalremediesworld.com/herbal-weight-loss-remedies.html) // [Update on natural herbs for weight loss](http://www.herbalremediesworld.com/natural-herbs-for-weight-loss.html)

OBSESSIVE COMPULSIVE DISORDER (OCD): Bergamot oil, California poppy, kava-kava, St.-John’s-wort, valerian

OSTEOARTHRITIS: [Home remedies for osteoarthritis, pg1](http://www.herbalremediesworld.com/home-remedies-osteoarthritis.html) // [Herbal remedies for osteoarthritis, pg2](http://www.herbalremediesworld.com/herbal-remedies-osteoarthritis.html) // [Natural remedies for osteoarthritis, pg3](http://www.herbalremediesworld.com/natural-remedies-osteoarthritis.html)

OSTEOPOROSIS: Click for best [herbs for osteoporosis](http://www.herbalremediesworld.com/herbs-osteoporosis.html)

PAIN: Meadowsweet, passionflower, red pepper (one of the home remedies that works for many conditions), white willow, clove. Click for more on [herbal pain remedies](http://www.herbalremediesworld.com/herbal-pain-remedies.html)

PARASITES: agrimony, barberry, Echinacea, garlic

PARKINSON'S DISEASE: Fava bean, velvet bean, ginkgo, grapeseed, evening primrose

PINKEYE AND STIES: (also termed conjunctivitis), Barberry, eyebright, yarrow, mullein. [Click4More on home remedies for conjuctivitis (Pink eye)](http://www.herbalremediesworld.com/home-remedies-conjunctivitis.html)

PNEUMONIA: Astragalus, Baikal skullcap, dandelion, echinacea, goldenseal, garlic, mullein

POISON IVY, OAK, SUMAC: Aloe, jewelweed, plantain, soapwort, grindelia. Click for our page on best [home remedies for poison ivy](http://www.herbalremediesworld.com/home-remedies-poison-ivy.html)

PREGNANCY & DELIVERY: Click for top [herbs for pregnancy](http://www.herbalremediesworld.com/herbs-pregnancy.html)

Also see our list of [herbs to avoid during pregnancy](http://www.herbalremediesworld.com/herbs-to-avoid-during-pregnancy.html)

PREMENSTRUAL SYNDROME (PMS): Black cohosh, dandelion, evening primrose, nettle, parsley, sarsaparilla, uva-ursi, chasteberry

PROSTATE CONDITIONS: [Prostate herbs, Pg 1](http://www.herbalremediesworld.com/prostate-herbs.html) // [Herbal remedies for prostate, Pg 2](http://www.herbalremediesworld.com/herbal-remedies-prostate.html) // [Herbal remedies for prostate cancer](http://www.herbalremediesworld.com/herbal-remedies-prostate-cancer.html)

PSORIASIS: Echinacea, gotu kola, bishop’s weed, red pepper. Click for page 1 on [herbal remedies for psoriasis](http://www.herbalremediesworld.com/herbal-remedies-psoriasis.html) // Page 2 on [home remedies for psoriasis](http://www.herbalremediesworld.com/home-remedies-psoriasis.html)   
  
REYNAUD'S: Evening primrose, garlic, ginkgo, bilberry, cayenne pepper

RHEUMATOID ARHTRITIS: Click for best [herbal remedies for rheumatoid arthritis](http://www.herbalremediesworld.com/herbal-remedies-rheumatoid-arthritis.html)

RINGWORM: pau d’arco, tea tree oil

ROSACEA: [Home remedies for rosacea](http://www.herbalremediesworld.com/home-remedies-rosacea.html) // [Best herbs for rosacea, pg2](http://www.herbalremediesworld.com/herbs-rosacea.html) // [Herbal remedies for rosacea, pg3](http://www.herbalremediesworld.com/herbal-remedies-rosacea.html)

SCABIES: Click for our umbrella page on [home remedies for scabies](http://www.herbalremediesworld.com/home-remedies-scabies.html). Click for page on [herbal remedies for scabies](http://www.herbalremediesworld.com/herbal-remedies-scabies.html)

SCIATICA: Hayseed, stinging nettle, willow, wintergreen

SEXUAL PROBLEMS - LIBIDO DIFFICULTIES

SHINGLES: Lemon balm, red pepper, licorice. Click for best [herbal remedies for shingles](http://www.herbalremediesworld.com/herbal-remedies-shingles.html).

SINUS: [Herbal remedies for sinus problems](http://www.herbalremediesworld.com/herbal-remedies-for-sinus.html) // [Sinus infection home remedies](http://www.herbalremediesworld.com/sinus-infection-home-remedies.html) // [Home remedies for nasal congestion](http://www.herbalremediesworld.com/home-remedies-nasal-congestion.html) // [Home remedies for sinusitis](http://www.herbalremediesworld.com/home-remedies-sinusitis.html)

SKIN PROBLEMS: Evening primrose, aloe

SMOKING ADDICTION: Licorice, red clover, coltsfoot, elecampane, mullein. [Best herbs to quit smoking](http://www.herbalremediesworld.com/herbs-quit-smoking.html)

SNORING: [Top herbal remedies for snoring, Click here](http://www.herbalremediesworld.com/herbal-remedies-snoring.html)

SORES: Calendula, comfrey, dragon’s blood

SORE THROAT: Eucalyptus, honeysuckle, fenugreek, licorice, marshmallow, mullein, sage, slippery elm

SPORTS INJURIES/PAIN: Cayenne, ginger, kava-kava, turmeric, arnica, comfrey

STIES: Echinacea, goldenseal, potato, thyme

STRESS: catnip, celery, chamomile, ginseng, kava, motherwort, passionflower, yarrow, valerian. Click for more valuable info & [herbs for stress relief](http://www.herbalremediesworld.com/herbs-stress-relief.html)

STROKE PREVENTION, TREATMENT: Bilberry, blackberry, garlic, ginger, ginkgo, turmeric, white willow, pigweed, hawthorn

SUNBURN: [Home remedies for sunburn](http://www.herbalremediesworld.com/home-remedies-sunburn.html) // [Herbal remedies for sunburn](http://www.herbalremediesworld.com/herbal-remedies-sunburn.html)

SWELLING: Ginger, pineapple, turmeric

THYROID: [Herbal thyroid remedies info page](http://www.herbalremediesworld.com/herbal-thyroid-remedies.html)

THRUSH: click for best [home remedies for thrush](http://www.herbalremediesworld.com/home-remedies-thrush.html)

TINNITUS (EAR RINGING): Ginkgo, (contact us for more info to this herbal remedy guide on tinnitus)

TONSILLITIS: Echinacea, garlic, honeysuckle, sage

TOOTHACHE: [Home toothache remedies, Part 1](http://www.herbalremediesworld.com/home-toothache-remedies.html) // [Best toothache home remedies, Part 2](http://www.herbalremediesworld.com/toothache-home-remedies.html)

TOOTH DECAY: Tea, bay, licorice. Best herbal medicine for pain needing root canal?

TUBERCULOSIS: Echinacea, forsythia, garlic, honeysuckle, licorice

USNEA: problems w/ lungs, intestines, throat, sinuses, urinary and reproductive tract., antibiotic, anti-fungal. One of the great Chinese medical herbs.

UVA URSI: urinary tract infections, cystitis (bladder inflammation), kidney stones

VALERIAN: insomnia, anxiety, muscle spasms, hbp

VERVAIN: pain, inflammation, constipation

VITEX: PMS & other female conditions

WILLOW BARK: fever, pain, inflammation, heart problems, stroke, women’s issues. Commonly used by consumers who use herbs as medicines instead of OTCs.

WITCH HAZEL: hemorrhoids, skin problems, sunburn

YARROW: urinary infections, high blood pressure, women’s issues, heart problems, wounds, diarrhea, stress, anxiety, digestion. Click for more on the wondrous [yarrow herb](http://www.herbalremediesworld.com/yarrow-herb.html)

YELLOW DOCK: digestion skin conditions, constipation, liver detox